

Shining the Light on KINDNESS

"I led them with cords of human kindness, with ties of love. To them I was like one who lifts a little child to the cheek, and I bent down to feed them." Hosea 11:4

KINDNESS is the essential ingredient into building friendships, showing friendly behaviour and developing social skills.



Teaching truth

Jesus' life brings, helps and spreads the good news that we can be with our Father God. This good news is for everyone! We can access true KINDNESS through the Holy Spirit.

Can you see the Holy Spirit (the star) guiding and helping Stellar Bear on each page? What do you think the star is saying to Stellar in this story?

The best way to teach KINDNESS is to be KIND. Jesus modelled KINDNESS to all sorts of people. If you model and show respect to children and others, including those who are different to us, children will follow your example.

Empowering kids to shine

What is KINDNESS?

KINDNESS is caring for other people's feelings and needs. All people deserve dignity and respect. We can cultivate KINDNESS in children through serving each other in the family, classroom and people in the community.

How can we show KINDNESS to others?

KINDNESS is when we soften our heart and eyes to see how we might help someone. The more we practise ways of helping others the more children become accepting of people's differences. 'STOP, LOOK, THINK, SPEAK', is one way to help children to notice what's happening around them and then choose to be KIND with words and actions.

